

## EDITORIAL

# The molecular landscape of the normal human breast – defining normal

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See related research by Pardo *et al.* <http://breast-cancer-research.com/content/16/2/R26>

### Abstract

A key approach in understanding how breast cancer can occur is to determine the regulatory pathways at play in the normal breast and to identify precisely the normal developmental mechanisms subverted during early breast cancer progression. Using normal human breast tissue samples, Pardo and colleagues have identified the gene targets and pathways displaying fluctuating expression as a consequence of the menstrual cycle. Detailed characterization of how the human breast functions in its normal state, and how this may be perturbed at its earliest point, will provide a critical step toward the prevention of breast cancer.

Although breast cancer mortality rates have decreased over recent years, incidence rates continue to increase. There is broad acceptance that strategies focused on disease prevention and identification of early malignant change are most likely to contribute to real improvements in breast cancer incidence. Understanding the molecular landscape of the normal breast is a critical step in developing such approaches. The article by Pardo and colleagues [1] in the previous issue of *Breast Cancer Research* contributes an exciting new resource that addresses that goal.

Recent advances in whole-genome sequencing and expression profiling have profoundly expanded our understanding of the malignant landscape [2,3], yet the combined complement of genes expressed in cancer tissue at the time of sampling fail to provide insight into biological pathways involved in carcinogenesis. Defining the molecular events in the normal breast which contribute to the formation of a breast tumor remains elusive, and the

prevention of breast cancer at its earliest stages continues to be a holy grail in breast cancer management. Although it has long been known that the hormonal milieu of the breast influences normal tissue development [4] and that exposure to exogenous hormone analogues in hormone replacement therapy and oral contraceptives contributes adversely to breast cancer risk [5,6], there is a paucity of information on the molecular events underlying this influence in humans.

Understanding regulatory pathways at play in the normal breast and the precise identification of normal developmental mechanisms subverted during early breast cancer progression are key steps toward prevention. Owing partly to a lack of appropriate models, much of our current understanding of normal breast development derives from studies in animals and, remarkably, details of how the normal human breast functions remain largely unknown. A landmark study by Longacre and Bartow [7] in 1986 described the morphological changes occurring in the normal breast during the menstrual cycle. In that study, histologic features, including mitoses, were described in a cohort of 75 premenopausal normal breast autopsy specimens, matched exactly to menstrual cycle phase by endometrial dating. The investigators discovered a striking correlation between menstrual cycle phase and proliferation, with the number of mitoses peaking with higher levels of circulating progesterone. This study was the first to directly implicate progesterone in driving cyclical development in the normal breast and is consistent with key epidemiological findings reported by Pike and colleagues [8], who postulated that this increased mitotic activity during the luteal phase is associated with a transient increase in breast cancer risk.

The article by Pardo and colleagues [1] takes the approach of Longacre and Bartow to the molecular level, resulting in an interesting series of discoveries, which both confirm and extend the findings of the 1986 study. A major strength of this new study is the utilization of

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normal breast tissue samples from 20 premenopausal donors to the Susan G. Komen for the Cure Tissue Bank at the IU Simon Cancer Center (KTB). By laser capture microdissecting the ductal epithelium of these samples followed by next-generation RNA sequencing, they identified the gene targets and pathways displaying fluctuating expression during the menstrual cycle in the normal human breast.

They demonstrated that 255 genes were differentially expressed between the follicular and luteal phases of the menstrual cycle. The vast majority of these (87%) displayed higher expression during the luteal phase, when serum concentrations of progesterone are higher. Significantly upregulated targets during the luteal phase were enriched for functions relating to cell cycle, cellular organization and repair, and DNA replication, recombination, and repair. These findings confirm the proliferative role of progesterone demonstrated in models of normal human breast [9] and in the murine mammary gland [10]. Data derived from mouse models have shown that progesterone regulates the mammary stem cell compartment during pregnancy and the reproductive cycle [11,12], a mechanism suggested to account for the increased window of susceptibility to transformation at these times.

Interestingly, many of the proliferative targets that Pardo and colleagues identified to be upregulated during the luteal phase are also associated with overexpression in breast cancer. Could dysregulation of these particular gene sets similarly represent a transient period of increased susceptibility to tumorigenesis during the luteal phase in the human breast? As this study shows that the genetic signature of the breast epithelium of women taking hormonal contraception resembles that of a continuous luteal phase, the altered regulation of these gene sets could also provide a potential mechanism to account for the increased breast cancer risk associated with progestin-containing oral contraception [6]. Moreover, progesterone regulation of these gene sets may underlie its hypothesized role as a promoter of malignant lesions in the breast [13-15].

As healthy women are frequently exposed to changes in their hormonal milieu, it will now be critical to determine whether this is indeed the case. Identification of such specific gene sets and pathways which contribute to increased breast tumor susceptibility could then provide novel indicators of breast cancer risk, prognosis, or treatment options (or a combination of these) and will be valuable in the development of new safer progestational agents. Moreover, as we now know that it is likely that only a subset of epithelial cells in the breast possess the potential to give rise to malignancies, these gene sets may represent key tools in the identification and isolation of such subpopulations.

Through the altruistic tissue donations by healthy women to the KTB, this unique repository of normal breast tissue and matched serum, plasma, and DNA is the largest of its kind in the world. The challenges in studying cancer initiation and progression in humans *in vivo* present a critical imperative for normal human tissue resources, such as the KTB, to facilitate investigation into the complete evolution of breast cancer and, indeed, any type of cancer. That is, in order to determine what is abnormal, we need to fully define what is normal.

#### Abbreviation

KTB: Susan G. Komen for the Cure Tissue Bank at the IU Simon Cancer Center.

#### Competing interests

The authors declare that they have no competing interests.

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